



# LANE SHARING GUIDELINES & TIPS

*When you're swimming laps in a pool, it is important to follow some basic etiquette so everyone can enjoy their swim. Please follow these guidelines and tips to share lanes with other FAC members:*

- ✓ If other swimmers are waiting on the pool deck, take your place in line behind the swimmers who were here before you. As you wait, observe the pace of swimmers who are currently in the pool.
- ✓ Note which lanes are being used by fast, medium-paced and slow swimmers and pick a lane that fits your speed. If you need assistance picking a lane to share, ask the lifeguard on deck! Some of our regular lifeguards get to know members swim styles and needs and may be able to help pair you up,
- ✓ Make sure the others swimmers in your chosen lane see you and know you're going to join them. You can sit with your legs in the water for a minute or stand in the corner of the lane until they make a turn and acknowledge your presence.
- ✓ If there are just two of you in a lane, you will split the lane down the middle (so you each stay in your own half the entire time). If there are three or more of you, you'll need to circle swim.
- ✓ When you need to rest, stop at the wall and stay in the corner of the lane, leaving room for the other swimmers to make their turns.
- ✓ All members are expected to be courteous of one-another and obey the directions of the on-duty lifeguard, per the FAC member handbook.

## LANE SHARING IS:

- ✓ required
- ✓ courteous
- ✓ easy!

