

## **SEPT** 2025

| SUNDAY                                 | MONDAY   | TUESDAY                                    | WEDNESDAY  | THURSDAY                                  | FRIDAY                                     | SATURDAY   |
|--|--|--|--|---|--|--|
| <b>FACILITY HOURS</b> 12:00 PM-4:00 PM | <b>FACILITY HOURS</b> 5:05 AM-9:00 PM            | <b>FACILITY HOURS</b> 5:05 AM-9:00 PM      | <b>FACILITY HOURS</b> 5:05 AM-9:00 PM  | <b>FACILITY HOURS</b> 5:05 AM-9:00 PM     | <b>FACILITY HOURS</b> 5:05 AM-8:00 PM      | <b>FACILITY HOURS</b> 7:30 AM-4:00 PM                        |
|  | 1<br>CLOSED<br>LABOR DAY                         | 5:15 AM-2:30 PM<br>6:00 PM -8:30 PM        | 5:15 AM-2:30 PM<br>6:00 PM -8:30 PM  | 5:15 AM-2:30 PM<br>6:00 PM -8:30 PM       | 5<br>5:15 AM-2:30 PM<br>5:30 PM -7:30 PM   | <b>6</b> 7:45 AM-3:30 PM                                     |
| <b>7</b> 12:30 PM-3:30 PM              | <b>8</b><br>5:15 AM-2:30 PM                      | 9<br>5:15 AM-2:30 PM                       | <b>10</b> 5:15 AM-2:30 PM  | 11<br>5:15 AM-2:30 PM                     | <b>12</b> 5:15 AM-2:30 PM                  | <b>13</b> 7:45 AM-3:30 PM                                    |
|  | 6:00 PM -8:30 PM                                 | 6:00 PM -8:30 PM                           | 6:00 PM -8:30 PM   | 6:00 PM -8:30 PM                          | 5:30 PM -7:30 PM                           |  |
| <b>14</b><br>12:30 PM-3:30 PM          | <b>15</b><br>5:15 AM-2:30 PM<br>6:00 PM -8:30 PM | <b>16</b> 5:15 AM-2:30 PM 6:00 PM -8:30 PM | 5:15 AM-2:30 PM<br>6:00 PM -8:30 PM  | 18<br>5:15 AM-2:30 PM<br>6:00 PM -8:30 PM | 5:15 AM-2:30 PM                            | HOME SWIM & DIVE  MEET  *Only Family Locker  Rooms Available |
| <b>21</b><br>12:30 PM-3:30 PM          | <b>22</b> 5:15 AM-2:30 PM                        | 23<br>5:15 AM-2:30 PM                      | 24<br>5:15 AM-2:30 PM  | 25<br>5:15 AM-2:30 PM                     | 5:30 PM –7:30 PM <b>26</b> 5:15 AM-2:30 PM | <b>27</b> 7:45 AM-3:30 PM                                    |
|  | 6:00 PM -8:30 PM                                 | 6:00 PM -8:30 PM                           | 6:00 PM -8:30 PM   | 6:00 PM -8:30 PM                          | 5:30 PM -7:30 PM                           |  |
| <b>28</b> 12:30 PM-3:30 PM             | <b>29</b> 5:15 AM-2:30 PM                        | <b>30</b> 5:15 AM-2:30 PM                  | Schedule Notes  FAC is the proud home of Laker Swimming & Diving.  The Competition pool hosts programs not open for general use. Please respect the following designated program times.            |   |  |  |
|  | 6:00 PM -8:30 PM                                 | HOME SWIM & DIVE MEET                      | During busy times, swimmers may need to share a lane and limit their workout time. *All pool programs are subject to change or cancellation if staff is unavailable, thank you for understanding.* |   |  |  |