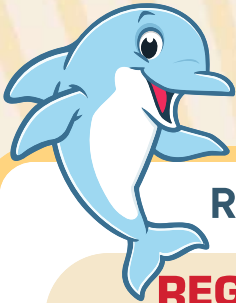




# SUMMER 2025 SWIM LESSON PROGRAMS



## SUMMER SPLASH SWIM CAMP

REGISTRATION OPENS MAY 16th!

### REGISTRATION FEES

EACH SESSION INCLUDES 4,  
45 MINUTE LESSONS  
MONDAY - THURSDAY

**Members: \$65/Session**  
**Non-members: \$85/Session**

\*REGISTRATION FEE BASED ON CHILD'S MEMBERSHIP STATUS\*

### HOW TO REGISTER

#### REGISTER BASED ON PARTICIPANTS AGE

Each swimmer will be evaluated on the first day of camp and placed in a group based on skill level

**CALL TO REGISTER**  
**616-847-5858**

ONLINE REGISTRATION IS AVAILABLE FOR ACCOUNT  
HOLDERS AT [SLFAC.COM/SWIMLESSONS](https://www.slfac.com/swimlessons)

### CLASS TIMES

**Pre-School Level: Ages 3 - 5**  
**Elementary Level: Ages 5 - 13**

**SESSION I** Pre-School Level: 5:30 - 6:15 pm  
June 16th-19th Elementary Level: 6:30 - 7:15 pm

**SESSION II** Pre-School Level: 9:00 - 9:45 am  
June 23rd-26th Elementary Level: 10:00 - 10:45 am

**SESSION III** Pre-School Level: 5:30 - 6:15 pm  
July 14th-17th Elementary Level: 6:30 - 7:15 pm

**SESSION IV** Pre-School Level: 9:00 - 9:45 am  
July 21st-24th Elementary Level: 10:00 - 10:45 am

**SWIMMERS AT ALL LEVELS  
ARE WELCOME!**

## PARENT RESOURCES

### FIRST DAY EXPECTATIONS

Please plan on arriving early to your session so you have time to check in at the front desk and change into your swimsuit (changing rooms available). Pre-school levels will meet in the family pool, elementary levels meet in the competition pool. Swimmers should be ready to get into the water without their parents.

#### PLEASE BRING:

Swimsuit, towel, an optimistic attitude  
and goggles if you would like!



#### MEET THE INSTRUCTORS!

SCAN ME

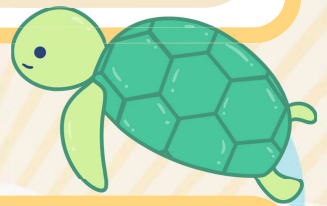


#### MORE SWIM LESSON INFORMATION!

SCAN ME



Find more information about the FAC  
summer program and helpful swim lesson  
resources on our website!





# SUMMER 2025 SWIM LESSON PROGRAMS

**REGISTRATION OPENS MAY 16th!**

## 1 ON 1 SWIM LESSONS

FAC 1 on 1 Lessons will be 30 minutes. Rates are per lesson. Participants register and pay per lesson. Lesson fees are non-refundable.

Swim instructors are assigned based on availability, and may change week to week.



### Registration Fees

FAC Member Rate: \$34 per lesson

Non Member Rate: \$50 per lesson

### CLASS TIMES

<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Saturdays</u>
10:00 a	4:30 p	9:00 a	9:30 a
10:45 a	5:15 p	9:45 a	10:15 a
	6:00 p	10:30 a	
	6:45 p	11:15 a	
		5:30 p	
		6:15 p	

\*Registration fee based on child's membership status\*

## SMALL GROUP PARENT-CHILD LESSONS

All of the FAC Small Group Lessons will be 25 minutes long and have a MAXIMUM of 4 students. Participants should register based on age at time of registration. Rates are per lesson, participants register and pay per lesson. Lesson fees are non-refundable.

Sign up for the number of lessons that best suit your child's needs. Regular practice is recommended to maximize retention.

### Registration Fees

FAC Member Rate: \$15 per lesson

Non Member Rate: \$28 per lesson

### CLASS TIMES

#### 6 - 18 months 19 - 36 months

Tuesdays - 9 a

Thursdays - 4:30 p

Saturdays - 8:30 a

Tuesdays - 9:30 a

Thursdays - 5 p

Saturdays - 9 a

\*Registration fee based on child's membership status\*

## Running Days

The lesson schedule below will run during the days indicated on the calendars in **YELLOW**



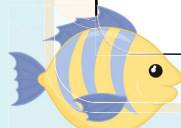
June						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Swim Camp Dates

1-on-1 or Small Group Schedule



616-847-5858



Spring Lake Fitness and Aquatic Center  
16140 148th Ave Spring Lake, MI 49456



SLFAC.com/swimlessons