



**GROUP  
SWIM LESSONS  
September 2023**

The swim lessons available include options for  
Parent Child 1 & 2, and Pre-school 1 & 2

We will be hosting one Session now and will schedule more in the future

**Dates:**

Session Dates : September 12 - 28, 2023

**Registration is Open**

*(registration and fees based on child membership status)*

Spring Lake Fitness and Aquatic Center  
16140 148th Ave, Spring Lake, MI 49456  
616-847-5858 | [fac@springlakeschools.org](mailto:fac@springlakeschools.org) | [www.slfac.com](http://www.slfac.com)

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## **Parent/Child I (ages 6 to 18 months)**

Join your child in the water to help them learn how to be comfort in the water, while learning the basics of swimming in a fun way. Sign up for a positive environment, using songs, toys and play time to help move your child one step closer to swimming. We will go through safety pool side as long as some safety for the lake. Swim diapers are required!

**Day/Time:** Tues/Thurs 10:00 –10:30am

**Cost:** \$35 Member / \$65 Non-Member

**Max:** 5 participants

## **Parent/Child II (ages 18 months to 2.99 years)**

Join your child in the water to help them learn how to be comfort in the water, while learning the basics of swimming in a fun way. Parent Child 2 helps your child form a stronger brain to body connection. We review safety rules for the pool and some safety recommendations for the lake.

**Day/Time:** Tues/Thurs 10:45-11:15am

**Cost:** \$35 Member / \$65 Non-Member

**Max:** 5 participants

## **Pre-School Level 1 (ages 3-4.99)**

This class will orient participants to the aquatic environment and help them gain basic aquatic skills. Kids will learn safe practices around water. This class is recommended for kids ages 3-5 or who have never taken swim lessons before.

**Day/Time:** Tues/Thurs 11:30am - 12:00pm

**Cost:** \$50 Member / \$80 Non-Member

**Max:** 5 participants

## **Pre-School Level 2 (ages 3-4.99)**

This class will build on the basic aquatic skills and concepts taught in Pre-School Level 1. This class is recommended for those who have successfully completed Pre-School Level 1 or have experience with swim lessons.

**Day/Time:** Tues/Thurs; 1:00 - 1:30 pm

**Cost:** \$50 Member / \$80 Non-Member

**Max:** 5 participants

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