



Join us for, **BASICS MINDSET TRAINING**

TRAINING PROVIDED BY,



CLASS TIME

9:30AM - 10:30 AM

CLASS DATES

November 30th

The Beginning:
Building
Confidence

December 7th

The Reality:
Productively Handling
Mistakes and Adversity

December 14th

The Cornerstone:
Attitude and
Commitment

Cost

\$25 per class or
\$50 for all 3

CALL TO REGISTER
616-847-5858

ABOUT THIS SEMINAR

Join Coach Jim McGannon for Basics Mindset Training. Coach played 2 sports at Dartmouth and pro golf for 5 years in NC. The Mindset improves confidence, resilience, commitment and attitude. This service has organically crossed over from athletics to business and day-to-day life. Being able to handle poor outcomes, mistakes and failure with little or no loss in competitive edge is a terrific life skill. The first step is an assessment that provides insight into your level of confidence, your ability to handle mistakes and your attitude and commitment. Then we meet to discuss the results. Coach McGannon introduces tools for mental strength, tools that are well known but underutilized. As these tools are practiced, they become sharper, creating an ability to basically handle ANY outcome, good or bad.