



MEET THE TEAM!



**BRE
LANGE**



**LAURA
SCHOLMA**



**BOB
JAKUBOWSKI**



**ANNA
THEUNE**



**PRESTON
FRITZ**



**KATIE
O'BEZIL**



SUMMER 2024 SWIM LESSONS

**LESSONS AVAILABLE FOR SWIMMERS
AGES 3-13 YEARS OLD!**

SESSION I June 17th-20th

SESSION II June 24th-27th

SESSION III July 15th-18th

SESSION IV July 22nd-25th

REGISTRATION OPENS MAY 1st!

 616-847-5858

 SLFAC.com/swim-lessons



Spring Lake Fitness and Aquatic Center
16140 148th Ave Spring Lake, MI 49456



Spring Lake Fitness and Aquatic Center
16140 148th Ave Spring Lake, MI 49456





2024 Swim Lesson Options

Pre-School Level: Ages 3 - 5

Elementary Level: Ages 5 - 13



SESSION I
June 17th-20th

Pre-School Level: 5:30 - 6:15 pm
Elementary Level: 6:30 - 7:15 pm

SESSION II
June 24th-27th

Pre-School Level: 9:00 - 9:45 am
Elementary Level: 10:00 - 10:45 am

SESSION III
July 15th-18th

Pre-School Level: 5:30 - 6:15 pm
Elementary Level: 6:30 - 7:15 pm

SESSION IV
July 22nd-25th

Elementary Level: 9:00 - 9:45 am
Pre-School Level: 10:00 - 10:45 am

**EACH SESSION INCLUDES 4,
45 MINUTE LESSONS
MONDAY - THURSDAY**

Registration Fees

Members: \$65/Session
Non-members: \$85/Session

Registration fee based on child's membership status



**SWIMMERS AT ALL LEVELS
ARE WELCOME!**

Each swimmer will be evaluated on the first day of lessons and placed in a group based on skill level

**PRE-SCHOOL AND ELEMENTARY LEVEL
SWIMMERS SHOULD BE READY TO GET
INTO THE WATER WITHOUT THEIR PARENTS**

We know everyone can be a little nervous on the first day, do your best to prepare your swimmer to participate in class without life jackets or parents being with them in the water. We ask that parents stay and watch from the pool deck benches.

FIRST DAY EXPECTATIONS

Please plan on arriving early to your lesson so you have time to check in at the front desk and change into your swimsuit (changing rooms available). Pre-school levels will meet in the family pool, elementary levels meet in the competition pool.

PLEASE BRING:

Swimsuit, towel, an optimistic attitude and goggles if you would like!

